

# Forest Park Senior Center

# 2017



### Hours

Mon.-Wed. ~ 9am-4pm  
 Thursday ~ 9am-3pm  
 Friday ~ 9am-2pm  
 Closed For Lunch ~ 12pm-1pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
404-608-2350						
<b>3</b> 	<b>4</b> 	<b>5</b> Exercise 9:15-10:15a Rm A  Crafts 10:15-11:15am	<b>6</b> Dominoes 9a-3p Rm B Shuffleboard 10a-12p Line Dance 1-3p Rm A 	<b>7</b> ITALIAN LUNCH - \$3 12NOON  Cards 9:30am-12noon	<b>8</b> Breakfast 9am BINGO 10am  Dominoes 12-1:30p	<b>9</b> 
<b>10</b> 	<b>11</b> Billiards 10am-11am Dominoes 10am-1pm Cards 9:30am-12noon	<b>12</b> Exercise 9:15-10:15a  10:15-11:30am	<b>13</b> Dominoes 9a-3p Rm B Shuffleboard 10a-12p Line Dance 1-3p Rm A	<b>14</b> Wii Exercise 9:15-10:15 Billiards 9:30a-11:30a Cards 9:30a-12noon Sing-Along 1:30-2:30 	<b>15</b> TRIAD 10am  Dominoes 11a-1:30p	<b>16</b> 
<b>17</b> 	<b>18</b> Billiards 10am-11am Cards 9:30am-12noon 	<b>19</b> DEKALB FARMERS MARKET Depart @ 9:30am	<b>20</b> Dominoes 9a-3p Rm B Shuffleboard 10a-12p Line Dance 1-3p Rm A 	<b>21</b> Wii Exercise 9:15-10:15 Billiards 9:30a-11:30a Cards 9:30a-12noon Sequence 10a-12p Sing-Along 1:30-2:30 	<b>22</b> BINGO 10am Lunch 11:15am  Dominoes 12p-1:30p	<b>23</b> 
<b>24</b> 	<b>25</b> Billiards 10am-11am Cards 9:30am-12noon	<b>26</b> Exercise 9:15-10:15a  10:15-11:30am Crafts 10:15-11:15am	<b>27</b> Dominoes 9a-3p Rm B Shuffleboard 10a-12p Line Dance 1-3p Rm A	<b>28</b> Wii Exercise 9:15-10:15 Billiards 9:30a-11:30a Cards 9:30a-12noon Sing-Along 1:30-2:30	<b>29</b> Sequence 10a-12p 	<b>30</b> 5K FUN RUN/WALK 8am