

Forest Park Senior Center

2017



August

Hours

Mon.-Wed. ~ 9am-4pm

Thursday ~ 9am-3pm

Friday ~ 9am-2pm

Closed For Lunch ~ 12pm-1pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
404-608-2350		1 Exercise 9:15a Rm A Board Games/Coffee 9-12 Rm B Crafts 10am Swim For Fun 1:30pm	2 Coffee n donuts 9am Dominoes 9-3 Rm B Shuffleboard 10-12 Line Dance 1-3 Rm A	3 Wii Exercise 9am Cards 9:30am Swim For Fun 1:30pm Sing-Along 1:30pm Line Dance 6pm	4 Coffee n donuts 9am Dominoes 10-1 Cards 10-1	5 Hello, August.
	6 	7 Coffee n donuts 9am Dominoes 10-1 Board Games Cards 10-1	8 10am Exercise 9:15am	9 Coffee n donuts 9am Dominoes 9-3 Rm B Shuffleboard 10-12 Line Dance 1-3 Rm A	10 Wii Exercise 9am Cards 9:30am Swim For Fun 1:30pm Sing-Along 1:30pm Line Dance 6pm	11 Breakfast 9am BINGO 10am Dominoes 12-1
13 	14 Coffee n donuts 9am Dominoes 10-1 Board Games Cards 10-1	15 SOCK FACTORY 10am 	16 Coffee n donuts 9am Dominoes 9-3 Rm B Shuffleboard 10-12	17 Wii Exercise 9am Cards 9:30am Swim For Fun 1:30pm Sing-Along 1:30pm Line Dance 6pm	18 TRIAD 10am Dominoes 11-1 Card room	19
20 	21 Coffee n donuts 9am Dominoes 10-1 Board Games Cards 10-1	22 10am Exercise 9:15am	23 Coffee n donuts 9am Dominoes 9-3 Rm B Shuffleboard 10-12	24 Wii Exercise 9am Cards 9:30am Swim For Fun 1:30pm Sing-Along 1:30pm	25 BINGO 10am Lunch 11:15am	26
27 	28 Fun Day 10-11:30am Lunch 11:30am	29 Exercise 9:15a Rm A Board Games/Coffee 9-12 Rm B Crafts 10am Swim For Fun 1:30pm	30 Coffee n donuts 9am Dominoes 9-3 Rm B Shuffleboard 10-12 Line Dance 1-3 Rm A	31 Wii Exercise 9am Cards 9:30am Swim For Fun 1:30pm Sing-Along 1:30pm Line Dance 6pm		