

Forest Park Senior Center

Hours
 Mon.-Thur. 9am-4pm
 Friday ~ 9am-2pm



2017

Closed Lunch 12-1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Add a little Sparkle to your day!</i> </p>	<p>1 SASSY LADIES </p>	<p>2 Exercise 9:15a Rm A Board Games/Coffee 9-12 Rm B Crafts 10am Swim For Fun 1:30pm </p>	<p>3 Coffee n donuts 9am Dominoes 9-3 Rm B Shuffleboard 10-12 Line Dance 1-3 Rm A</p>	<p>4 Will Exercise 9am Cards 9:30am Swim For Fun 1:30pm Sing-Along 1:30pm Line Dance 6pm </p>	<p>5 Coffee n donuts 9am Dominoes 10-1 Cards 10-1 </p>	<p>6 11am-6pm/Starr Park </p>
<p>7 </p>	<p>8 MYSTERY TRIP </p>	<p>9 10am-11:30am TUESDAY TRIVIA Exercise 9:15am</p>	<p>10 Coffee n donuts 9am Dominoes 9-3 Rm B Shuffleboard 10-12 Line Dance 1-3 Rm A </p>	<p>11 10am Mother's Day BRUNCH</p>	<p>12 Breakfast 9am BINGO 10am Dominoes 12-1 </p>	<p>13 </p>
<p>14 </p>	<p>15 Coffee n donuts 9am Dominoes 10-1 Board Games Cards 10-1 </p>	<p>16 Exercise 9:15a Rm A Board Games/Coffee 9-12 Rm B Crafts 10am Swim For Fun 1:30pm </p>	<p>17 Coffee n donuts 9am Dominoes 9-3 Rm B Shuffleboard 10-12 Line Dance 1-3 Rm A </p>	<p>18 Will Exercise 9am Cards 9:30am Swim For Fun 1:30pm Sing-Along 1:30pm Line Dance 6pm </p>	<p>19 TRIAD 10am Dominoes 11-1 Card room </p>	<p>20 </p>
<p>21 </p>	<p>22 Coffee n donuts 9am Dominoes 10-1 Board Games Cards 10-1 </p>	<p>23 Exercise 9:15a Rm A Board Games/Coffee 9-12 Rm B Crafts 10am Swim For Fun 1:30pm </p>	<p>24 Coffee n donuts 9am Dominoes 9-3 Rm B Shuffleboard 10-12 Line Dance 1-3 Rm A </p>	<p>25 Will Exercise 9am Cards 9:30am Swim For Fun 1:30pm Sing-Along 1:30pm Line Dance 6pm</p>	<p>26 BINGO 10am Lunch 11:15am </p>	<p>27 </p>
<p>28 </p>	<p>29 CENTER CLOSED memorial DAY </p>	<p>30 Exercise 9:15a Rm A Board Games/Coffee 9-12 Rm B Crafts 10am Swim For Fun 1:30pm </p>	<p>31 Coffee n donuts 9am Dominoes 9-3 Rm B Shuffleboard 10-12 Line Dance 1-3 Rm A</p>	<h1>404-608-2350</h1>		