

# Forest Park Senior Center

Hours  
 Mon.-Thur. 9am-4pm  
 Friday ~ 9am-2pm



# 2017

Closed Lunch 12-1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>1</b> 	<b>2</b> <p><b>CENTER CLOSED</b></p>	<b>3</b> <p><b>NEW YEAR'S BREAKFAST</b>                      8:30am</p>	<b>4</b> Coffee n donuts 8:30a Dominoes 9-3 Rm B Shuffleboard 10-12 Line Dance 1-3 Rm A	<b>5</b> WII Exercise 9am Cards 9:30am Swim For Fun 1:30pm Sing-Along 1:30pm Line Dance 6pm	<b>6</b> Coffee n donuts 8:30a Dominoes 10-1 Cards 10-1 	<b>7</b> 	
<b>8</b> <p>Add a little                      Sparkle                      to your day!</p>	<b>9</b> <p><b>SASSY LADIES</b></p>	<b>10</b> Exercise 9-10 Rm A Board Games/Coffee 9-12 Rm B Crafts 10am Swim For Fun 1:30pm	<b>11</b> Coffee n donuts 8:30a Dominoes 9-3 Rm B Shuffleboard 10-12 Line Dance 1-3 Rm A	<b>12</b> WII Exercise 9am Cards 9:30am Swim For Fun 1:30pm Sing-Along 1:30pm Line Dance 6pm	<b>13</b> Breakfast 8:30am BINGO 10am Dominoes 12-1 	<b>14</b> 	
<b>15</b> <p>if you can dream it you can do it</p>	<b>16</b> <p><b>Martin Luther King Jr. Day</b></p> <p><b>CENTER CLOSED</b></p>	<b>17</b> Exercise 9-10 Rm A Board Games/Coffee 9-12 Rm B Crafts 10am Swim For Fun 1:30pm	<b>18</b> Coffee n donuts 8:30a Dominoes 9-3 Rm B Shuffleboard 10-12 Line Dance 1-3 Rm A	<b>19</b> <p><b>COME &amp; EAT A SALAD LUNCH</b>                      11:30am</p>	<b>20</b> TRIAD 10am Dominoes 11-1 Card room 	<b>21</b> 	
<b>22</b> 	<b>23</b> <p><b>MYSTERY LUNCH</b></p> <p>(MUST SIGN UP)</p>	<b>24</b> <p><b>DOMINOES TOURNAMENT</b>                      10:00am-11:30am</p>	<b>25</b> Coffee n donuts 8:30a Dominoes 9-3 Rm B Shuffleboard 10-12 Line Dance 1-3 Rm A	<b>26</b> <p><b>DOMINOES TOURNAMENT</b>                      10:00am-11:30am</p>	<b>27</b> BINGO 10am Lunch 11:15am 	<b>28</b> 	
<b>29</b> 	<b>30</b> <p><b>Fun &amp; Bowl Day</b>                      10-11:30am                      Lunch 11:30am</p>	<b>31</b> Exercise 9-10 Rm A Board Games/Coffee 9-12 Rm B Crafts 10am Swim For Fun 1:30pm				<h1>404-608-2350</h1>	